



3 Countries cycle

France, Belgium, Netherlands



Sport Ecosse Events is returning to the Low Countries for the first time in years for what will be an attractive, enjoyable, and very flat cycling trip!

Lots of points of historical interest along the way, while there are still around 350 miles to be cycled in 5 days. Road and hybrid bikes are appropriate and the route is made up of traffic free sections, bike lanes, and quieter roads.

Bikes can be collected in the UK to avoid participants having to travel down and back with these, offering pick up and drop off points in Scotland, north west England, the Midlands, and Portsmouth.

This event runs from Tuesday 6th October to Sunday 11th October and outline itinerary of the event is provided below:

Tuesday 6th October

Meet at Dover and take the ferry over as foot passenger to Calais. Participants make their own way to Dover. The bikes will already be there having been transported over in the van.

Calais to Ypres - 65 miles and 561 feet elevation
Hotel – Novotel Ieper Centrum

Wednesday 7th October

Ypres to Antwerp - 86 miles and 731 feet elevation
Hotel – Radisson Hotel Antwerp Berchen

Thursday 8th October

Antwerp to Eindhoven - 50 miles and 350 feet elevation
Hotel – Leonardo Hotel

Friday 9th October

Eindhoven to Arnhem - 56 miles and 415 feet elevation
Hotel – Holiday Inn Express

Saturday 10th October

Arnhem to Haarlem - 90 miles and 1,700 feet elevation
Hotel – Ibis Styles

Sunday 11th October

Return to UK (or stay on if preferred); travel back to UK not part of the package; bikes will be dropped off back in UK.

The cost per participant is £1,150 and this is inclusive of:

- Overnight accommodation for all participants for 5 nights
- All participants meals (Day 1 lunch and dinner; Days 2 to 5 breakfast, lunch and dinner; Day 6 breakfast)
- Snacks and drinks throughout the days at regular stops
- Transportation of all luggage throughout the event
- Support vehicle
- Ferry from Dover to Calais
- Basic bike maintenance throughout the trip and spares which can be purchased by participants
- First aid qualified guides, support, and encouragement from at least three Sport Ecosse Events staff with regular briefings on safety, the route, and progress made
- Secure storage for bikes overnight each night
- A training guide
- An equipment list
- Transportation of participants bikes to Calais and back from the Netherlands to the UK with 3 arranged drop off points
- Public Liability Insurance and Employers Liability Insurance cover

For more information please do not hesitate to contact:

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